

♥ 100% whole grain  
a good source of fiber

★ Made with whole grains



**BREADSMITH**  
HAND MADE. HEARTH BAKED.™

## Daily Breads

French	3.20
French Baguette	3.20
★ French Peasant	3.85
★ Honey Wheat	4.24
Honey White	4.24
Rustic Italian	3.85
Sourdough	3.85
Rolls	.55-.85

## Specialty Items

Brownies	1.99
Coffee 12 oz.	1.75
Coffee 16 oz.	2.00
Cookies	.99
★ Granola	6.99
★ Granola Bars	3.99
Muffins	1.50
Scones	1.50

## Monday

Apple Pie Bread	5.99
Cheddar Sourdough	5.99
Country Buttermilk	4.70
♥ Multigrain Whole Wheat	5.45
Raisin Cinnamon	5.99
Swedish Rye	4.45

## Tuesday

Banana Dessert Bread	5.75
★ Caraway Rye	4.45
Ciabatta	4.75
★ Honey Oat	4.45
★ Raisin Walnut	6.49
★ Six Grain	4.70
Tomato Basil	5.20

Monday - Friday: 7:30 - 7:00

Saturday: 8:00 - 6:00

Sunday: Closed

## Wednesday

♥ 100% Whole Wheat	4.95
Black Russian	4.99
Marble Wheat	4.45
Mediterranean Herb	4.70
★ Multigrain	4.70
★ Raisin Cinnamon Walnut	6.49

## Thursday

Cranberry Cornbread	4.95
Garlic Onion	5.20
★ Honey Oat	4.45
Limpa Rye	4.45
★ Marathon Multigrain	4.70
Pizza Dough	3.20
★ Raisin Walnut	6.49

## Friday

Black Russian	4.99
Ciabatta	4.75
Country Buttermilk	4.70
Honey Challah	4.75
Pizza Dough	3.20
Raisin Cinnamon	5.99
★ Six Grain	4.70
Tuscan Herb Formaggio	5.99

## Saturday

Focaccia	5.99
Jalapeño Cheddar	5.99
★ Multigrain	4.70
★ Raisin Cinnamon Walnut	6.49
Sunshine Cinnamon	5.45
★ Whole Grain Rotation (See Calendar)	

♥ **Diets rich in whole grain foods and other plant foods, and low in saturated fat and cholesterol may help reduce the risk of heart disease.**

609 W. 33rd Street • Sioux Falls, SD 57105 • (605) 338-1338

1813 S. Marion Road • Sioux Falls, SD 57106 • (605) 275-2338